

RunFree - walk or run

CONTROL DESCRIPTIONS

- | | |
|------------------------|------------------------|
| 1. 2P Parking Sign | 11. Northern Goalpost |
| 2. Church Sign | 12. Post Box |
| 3. Light Pole | 13. Give Way Sign |
| 4. Light Pole | 14. Sign - Medical Ctr |
| 5. Gate | 15. Park Sign |
| 6. Seat | 16. Street Signs |
| 7. Street Sign | 17. Light Pole |
| 8. Light Pole | 18. Fence Corner |
| 9. Swing | 19. Tree |
| 10. Another Light Pole | 20. Light Pole |

Be SAFE

Exercise virus contamination precautions

Practise Social Distancing

Take Care Crossing ALL Roads



1 HOUR SCORE COURSE

Any Order - 60 minutes

Point Values

1-5 2 points

6-10 3 points

11-15 4 points

16-20 5 points

Late Penalty 3 points per minute

5m Contours
Scale 1:8,000 (ie 1cm = 80m)



0 200 400 600 800 1000m