

MAXI 3 HOUR

LITTLE HARD HILLS

Sunday 17th October, 2004

Conducted by Nillumbik Emus Orienteering Club on behalf of the Victorian Orienteering Association and for members of the Victorian Rogaining Association
Organiser: Robert Edmonds Tel: (03) 9438 3378 Email: redm4896@bigpond.net.au
Course Setter: Ron Wescott. Controller: Jeff Hughes Website: emus.orienteering.com.au for more details

Event Format This is the 14th annual Maxi 3 Hour; Teams of 2-5 members visit as many controls as possible in the time available. Teams must stay together but can visit any of the 30+ controls in random order. Controls are worth varying numbers of points taking into account difficulty of navigation and distance. We are using computer recording of control visits and timing. Instead of a control card, a team member carries a sportident stick. Navigation is medium difficulty with route choice being important. There is ample opportunity for socialising during a late lunch and presentation ceremony after the event. Soup/bread and tea/coffee, cake and fruit will be provided. There will be an interclub competition. Nominate which club or organization you would like your points to go to, eg VRA, Victorian Netball Squad, Nillumbik Emus.

Map and Area Little Hard Hills Orienteering Map, 1:15 000, 5 colours, 5 metre contours. The terrain is undulating with some steep-sided gullies; mainly open forest with old goldmine workings, although there are some areas of bracken and thicker vegetation.

Entry Information Complete entry form and send with cheque to address below. Pre-marked maps will be provided to all who enter by Monday 4 October. Entry fees are Senior \$15, Junior \$10, Family \$35, Children 12 and under free (no map). Members of a family can be in different teams. Late entry fee of \$5 per team/family is payable after the due date (4 October). Sportident hire if no one in your team owns a Sportident stick is \$3:00.

Equipment Each competitor should take a compass, whistle, waterproof jacket, warm clothing, map protection, water and quick energy food. Each team must carry a first aid kit. Bring your own plate and cup for after event snacks and refreshments provided by the organising club.

Directions and registration From Melbourne, drive to Ballarat. From the main street of Ballarat turn left onto the Midland Highway (towards Colac and Geelong). After about 9 km turn right towards Colac/Cressy and proceed to Enfield. Follow O'signs from Enfield. (Melways 627B4; VicRoads 76E6) Registration opens at 9:30 am. Notify organisers of team changes and collect maps and clue sheets. The mass start will take place at 11 am. Presentations will take place at approximately 3 pm.

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ENTRY FORM To: **Robert Edmonds, 26 Grassy Flat Rd Diamond Creek, 3089**
Make cheques out to "Nillumbik Emus"

FULL NAME	CLUB*	DOB	FEES
1			
2			
3			
4			
5			

Sportident Number you will be using: _____ or tick here for Sportident Hire: \$ 3:00

* Please nominate an orienteering club, the VRA or other organisation each member is representing.

Telephone number of team contact: _____ TOTAL: \$ _____

Email for further event information: _____

Classes: Circle the categories in which your team is competing.

	Senior	Veteran	Supervet	Junior	Family
Men	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Women	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Mixed	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Veteran All team members 40 and over. **Supervet** All team members 55 and over. **Junior** All team members under 19. **Family** Team must include at least one adult and one junior who are related.